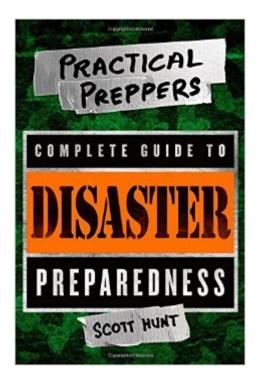
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# The Practical Preppers Complete Guide To Disaster Preparedness





# Synopsis

A complete guide to disaster preparedness from Scott Hunt, CEO of Practical Preppers and a nationally recognized preparedness expertThe world we live in is an unstable one. From natural disasters such as earthquakes, hurricanes, and floods of biblical proportions to concerns about the economic downturn and government shutdown, the hits just keep on coming. At the same time, the power grid is incredibly fragile. Our dependency on widely distributed long distance systems for power, medicine, and food makes our society susceptible to attack, whether by foreign or domestic enemies, or the weather. No matter the concern, the solutions are the same. Scott Hunt, the owner of Practical Preppers, and an experienced engineer, homesteader, and pastor, offers readers a complete and detailed guide to sustainable living. With The Practical Preppers Complete Guide to Disaster Preparedness, anyone can learn how to:- Secure a water source-even in an urban area-Grow and preserve food- Set up an alternative energy supply- Maintain a comfortable shelter -including alternative cooking and sanitation methods during a long power outage- Bug out-what to include in your bug out bag and how to leave- Prepare for medical issues- Deal with security concernsPreparing for disruption of services in an emergency is a noble venture which gives peace of mind. This book will empower readers of all skill levels and resources to survive and achieve an independent, sustainable lifestyle.

# **Book Information**

Paperback: 288 pages Publisher: St. Martin's Griffin (August 5, 2014) Language: English ISBN-10: 1250055644 ISBN-13: 978-1250055644 Product Dimensions: 6.2 x 0.8 x 9.2 inches Shipping Weight: 12 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (109 customer reviews) Best Sellers Rank: #84,672 in Books (See Top 100 in Books) #72 in Books > Science & Math > Earth Sciences > Natural Disasters #154 in Books > Reference > Survival & Emergency Preparedness #566 in Books > Science & Math > Environment

## **Customer Reviews**

I was given this book as a gift. By a friend that got really into the authors show. My friend asked me to read it and see what I think. I will address the show, the book and why I rated it the way I do.What

gualifies me to say what I do about this: Graduated a couple survival schools, hiked the Appalachian trail, have an independent farm homestead, attended outward bound, avid hunter, have lived off the grid rustic style for extended periods of time and some other less important stuff like living threw hurricanes and the like. I want to cover the show in brief before I cover the book. Based on being forced to watch the show, many of the conclusions are all wrong and it is obvious if you take 3 seconds to stop and think about it. Having been in real survival situations, it is 75% skills and 25% stuff that gets you threw. There scoring system strongly leads one to think the opposite. I also think a lot of the things they give thumbs up on are fairly meaningless. In the show, most of the things people are prepping for would not happen in the way they like to pretend. Having been overseas in war, having seen economic collapse and social collapse and so forth, there are better ways to prepare. Most of the people on the show are just people with too much time and/or money. Most of them have a very low level of useful skill during an apocalypse. Great examples, an AR15 with a limited ammo supply, this is not a great survival weapon nor is it a high power sniper rifle, particularly if all you have is FMJ. Big inefficient fuel guzzling army trucks do not make great bug out vehicles particularly when weight down by hundreds of pounds of steel, give me a diesel defender 110 any day that can go through the woods around the blocked up roads.

This book shares possibly the best multi-pronged approach to prepare for what may come. With subjects to include Water, food, shelter, power, medical, bugging out, security and community, this book guides you through an all out lifestyle change to preserve that which you hold dearest, your family.WATERI was very impressed with the amount of technical knowledge divulged in water storage and distribution. There are so many solutions out there to ensure a safe and clean water supply which I had not even considered before reading this book. Also, Scott's expansion on filtration, solar water pumping and heating shed plenty more light to the topic, if telling you how and where to find it weren't enough. His engineering background no doubt made it easy to explain in such great detail, the ins and outs of a totally offgrid water system. FOODWith regard to food storage, Scott did a more than adequate job of detailing the steps and methods of securing a reliable (while palatable) food larder for the rough times ahead. Much like the water section, he did not stop with the typical how-to-get-it... he went on to explain how to resupply and preserve that all important commodity. Just when you thought you'd read it all, Scott also added knowledge about essential oils and minerals, vitamins and the like. Included in the very thorough section were additional tips, tools and tricks to accommodate any intellectual level of audience which might be reading.SHELTERThe ever informative shelter section of The Complete Guide To Disaster

Preparedness hits on key points of location, buying, building and equipping a very nice bug-in location. Even the not-so-nice topics of garbage and waste disposal were covered thoroughly.

Scott Hunt is well known in the preparedness community, in part due to his involvement with the NatGeo series "Doomsday Preppers." After having read this book I now understand why he is considered one of the 'experts' with Practical Preppers; the author knows his business, and knows it as well as anyone can. As for the book's particulars, it is a well written volume, with the step-by-step format being easy to follow. The presentation was engaging, and there is a lot of information. A lot. I mean really... a LOT. And here is where we run into a small issue, at least with the first four sections (Water, Food, Shelter, Power) - there is almost TOO much information. In those chapters we are provided with so many options, so much knowledge, in such a small space that you start to feel overloaded. Like a sponge which has become saturated, your brain absorbs so much so quickly you feel like some of what you are learning is just running off. For experienced preppers this will not be a huge issue, but for a novice it may be too much, too guickly, to be fully appreciated. Those first four entries could have been spread out and expanded into a book all on its own, to be honest, and would have been even more inviting on the first read. However, spending time re-reading these sections should allow you process all the information Mr Hunt presents there, and you should - for said-information is invaluable. I find it interesting that something seemed to change starting with Chapter Five (Medical), and that change carries through to the end of the book; the pace slows down just a tad, enough to where you start retaining everything that is presented.

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